



# Summer 2013

## BADMINTON TRAINING CAMPS



The badminton summer camps will focus on developing and refining badminton skills and techniques at all levels of play. The training will include court movement, stroke production and game strategies. Drills, exercises, contests and games will be integrated to add a competitive and fun element to the training, as well as to measure individual progress. The programs will be led by Dominic Soong (NCCP Level 4–National coach and former #2 world ranked doubles specialist) and Janet Hugli (NCCP Level 3–Provincial coach) and supported by qualified NCCP certified coaches, University varsity players and alumni.

**VENUE:** ROUTHIER Community Centre (Tel: 613-244-4470)  
172 Guigues Street (Downtown Byward Market area). Entrance from Cumberland Street between St. Patrick & Guigues

**TIMES:** 9:00 a.m. – 4:00 p.m.  
FREE supervision available from 8:15 a.m. – 5:00 p.m.

Camp #	Date	Target Playing Level	Target Age	Investment	Course Code
1	June 24 – 27 Mon.-Thurs.	Intermediate and Competitive	12 – 14	\$221.75 <b>4 days</b>	840006
			15 – Adult	\$251.00 <b>4 days</b>	840028
2	July 2 – July 5 Tues.-Fri.	Skill Development and Intermediate	6 – 14	\$221.75 <b>4 days</b>	840055
3	July 8 – 12	Skill Development and Intermediate	6 – 14	\$277.25	840061
4	July 15 - 19	Skill Development and Intermediate	6 – 14	\$277.25	840065
5	July 22 – July 26	Intermediate and Competitive	10 – 14	\$ 277.25	840074
6	July 29 - August 2	Intermediate and Competitive	10 – 14	\$277.25	840082
			15 – 19	\$313.50	840097
7	August 6 – 9 Tues.-Fri.	Intermediate	12 – 14	\$221.75 <b>4 days</b>	840159
			15 – 19	\$251.00 <b>4 days</b>	840169
8	August 12 – 16	Intermediate	12 – 14	\$277.25	840176
			15 - 19	\$313.50	840198
9	August 19 - 23	Competitive	12 – 14	\$277.25	840212
			15 – Adult	\$313.50	840237

The Soong Badminton Academy and the City of Ottawa reserve the right to move players to alternate training group(s) if the age/level of play is considered more appropriate for the player and/or for the other members of the training team.

**REFERENCE:**

**Skill Development:** Players learning the game, players who play at a recreational level, and players who have had limited structured training.  
**Intermediate:** Players who have several years experience playing and who have some tournament experience.  
**Competitive:** Admission to competitive training is by approval of Head Coach only. Players who compete for their high school teams and who regularly place well in tournaments.  
**Note:** Players will be further grouped into mini-training teams based on ability to ensure that each player is challenged at an appropriate level.  
**Features:**

NCCP (National Coaching Association) certified coaching team	Prizes, giveaways, surprises
Low participant to instructor ratio (6:1 or lower)	Table Tennis
Shuttles (badminton birds) provided	Souvenir: photo memory
Mini-tournaments, contests and fitness challenges	Snacks, treats

**Registration:** In Person at the Routhier Community Centre  
Touch Tone Telephone: 580-2588  
On line: Go to [ottawa.ca](http://ottawa.ca) and click **123 GoRegister**

**Information:** Janet Hugli or Dominic Soong – Soong Badminton Academy.  
Tel: (613) 241-3686. Email: [janet.hugli@sympatico.ca](mailto:janet.hugli@sympatico.ca) Web: [www.soong.ca](http://www.soong.ca)

**REGISTRATION  
NOW OPEN !!!**